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Publication Work:-

International Publication :-

- 1. The physiological factor limiting endurance Exercise Capacity**
Spectrum:- International Journal of Humanities www.spectrumjournals.com
ISSN2321-608 VOL.(),NO()
- 2. Predictive manner of Drugs in the field of sports**
ASR Publication Ferozpur
Punjab journal of Humanities & Social Sciences | SSN2319-1457 VOL (IV)
Summer 2014
- 3. A maturity evidence Physiotherapy in the field of Practical Education and sports.**
Global Scientific conference on physical Education,Health,& Sports sciences.
Deptt.Of Physical Education(Teaching)
Guru Nank Dev University. Amritsar.
ISBN:978-93-8014-515-0
- 4. Association of parenting styles with body composition among adolescents.**
ISSN:2456-0057.IJPNPE2018:3(2)129-132wwwjournal of sports.com
International Journal of Physiology Nutrition of physical Education.

Paper Presentation

- 1) National seminar**
Topic Emerging Challenges in Teacher Education
St. Soldier College Of Education
30-31 March 2010
- 2) "Role Of Teachers In The Promotion Of Ethics & Moral Values Among The Students"**
J.C.D.A.V college Dasuya,Distt Hoshiarpur.
March 16,2012
- 3) ICR Indian Council Of Contemporary Researchers**
"A Healthy Approach Of Nutrition Diet For Women, Especially in india
Punjab university, Patiala On May 25,2014"
- 4) "Impact of High Altitude Training On The Performance Of Long Racer Of Athlete"**
ICR National Seminar June 29,2014.
- 5) Position Of Women In Sports In Modern Era.**
- 6) Violation Of Protection Of Human Rights.**
4-feb-2012
Dashmesh Girls College Mukerian
- 7) Short Term ICCR Course DAV College Hoshiarpur**
23 June too 30 June 2014
- 8) Sports Psychology:A Pillar Of Success.**
UGC Sponsored National Seminar Feb 4,2012.
- 9) Goswani Ganesh Datt Sanatan Dharam College,Haryana,(HSR)**
ICHR
- 10) Social Milier During Guu Nank Dev Era March 26,2013**